

25 Totally Terrifying Meaning of Life Questions Worth Asking Yourself

1. What in your life might make other people envious?
2. What ghosts haunt you? (question from Natalie Goldberg)
3. Where did you always want to go, but didn't?
4. What do you consider the most overrated virtue?
5. If you were going to die tomorrow, what would you do today? (Question from Sofo Archon)
6. What did you start over again?
7. When was the first time you were afraid? (question from Natalie Goldberg)
8. What do you yearn to give, and to whom would you give it? (question from Martha Beck)
9. Under what circumstances are you willing to lie?
10. What was your biggest mistake?
11. What is your purpose in life? How is it reflected in the way you use your time?
12. If you were given a choice to live as long as you want, how long would you like to live? (Question from Sofo Archon)
13. What are you avoiding?
14. Describe an experience that led to personal growth.
15. If you could change one thing about yourself, what would it be?
16. What is your biggest problem or issue right now?
17. What does a "full life" mean to you? What does it look like?
18. If you could choose just one thing to change about the world, what would it be?
19. What one thing have you not done that you really want to do? What's holding you back? (Question from Marc Chernoff)
20. What activities make you feel really useful, alive, and strong? (Question from Danielle LaPorte)
21. If you woke up tomorrow with no fear, what would you do first? (Question from Dawn Barclay)
22. What will you need to do differently if you are to live the life you truly desire?
23. To what degree have you actually controlled the course your life has taken? (Question from Marc Chernoff)
24. What will be your legacy?
25. If you could erase an event from your mind, which one would you choose? (Question from Dawn Barclay)

